



# Foundations of Transformation – Lesson #1

## The Purpose-Directed Life

“Spiritual growth is a life-long, ongoing process. In this process of maturing, every believer needs a thorough grasp of what can be called ‘Truths That Transform.’

These are growth truths of Scripture designed by God to transform us into the image of Christ.”

Keathley, J. H. (2002). *ABCs For Christian Growth* (5th ed.). Biblical Studies Foundation. p. 117

### A. Joy & Peace – results of the transformed life

- Isaiah 26:3
- Galatians 5:22

\* How three New Testament books teach the path to a transformed life:

- a) **Ephesians** highlights the truth of position in Christ – believers are abundantly blessed by God in their position in Christ and therefore have the opportunity to walk by faith in that position.
- b) **Colossians** highlights the need for believers to guard against thinking that their position in Christ is somehow not enough.
- c) **Philippians** shows believers how to enjoy this position in Christ every day. Joy and peace are part of God’s design for this life.

### B. Pursuing the Right Goal – the path toward the ever-transforming life

- Philippians 3:7-14 give an excellent example of what goal believers ought to seek